



Tamworth Enterprise College

Physical Education Policy

Adopted and ratified by the Governing Body of on:	12 th January 2016
Policy to be reviewed on:	January 2017
As defined by the AET Governance and Accountability Framework (ARCI)	AET Board
Accountability:	
Responsibility	B Kermode

POLICY STATEMENT

1.1 TEC will encourage and promote physical education for all through the provision of a physical education curriculum and a programme of extra-curricular activities.

1.2 The Academy is committed to:

- i. working towards providing at least two hours per week of curricular physical education in which a broad and balanced programme is provided;
- ii. providing quality physical activity opportunities both within and outside the curriculum time which:
 - considers the needs and interests of all students;
 - enables all students to fulfil their potential
 - offers a wide and varied programme of challenging and enjoyable sporting experiences;
 - promotes a positive attitude towards participation in physical activity;
 - increases students' knowledge and understanding of the importance of physical activity;
- iii. increasing participation in sport at all levels by involving as many students as possible in a rich programme of extra-curricular sporting activities;
- iv. enhancing and extending students' physical skills and development;
- v. providing students with opportunities to compete in individual and/or team sports within the Academy and locally/nationally;
- vi. seeking to continue to improve sporting facilities for students, staff and members of the local community.

1.3 The policy has the following aims:

- i. to provide students with opportunities to be involved in competitive sporting activities;
- ii. to run Academy teams in a wide variety of sports;
- iii. to teach students the importance of health-related fitness, promoting and developing physical fitness and a life-long commitment to physical activity;
- iv. to inculcate a sense of fair play and sportsmanship;
- v. to strive for equality of opportunity in all sporting activity;

- vi. to continue to seek to improve sporting facilities for students, staff and members of the local community;
- vii. to promote the participation in sport both competitively and as a leisure activity beyond the Academy hours and years.

2.0 ROLES AND RESPONSIBILITIES

- 2.1 It is the responsibility of the **Governing Body** to establish a policy and procedure for physical education and to monitor the effects of the procedure.
- 2.2 It is the responsibility of **the Principal** to ensure that sufficient curriculum time for physical education is provided and to support the provision of a rich programme of extra-curricular activities.
- 2.3 It is the responsibility of **staff** to familiarise themselves, and comply, with this policy and procedure in accordance with relevant professional standards.

3.0 IMPLEMENTATION

3.1 Curricular Physical Education Programme

3.1.1 All students receive Physical Education lessons weekly in each Key Stage:

- i. Key Stage 3 students will participate **in at least 100 minutes** physical activity every week;
- ii. Key Stage 4 students will participate **in at least 100 minutes** every two weeks.

3.1.2 At Key Stage 4 students may opt for accreditation by GCSE PE, short and full course or GCSE dance. For those students who do not wish to undertake accreditation they follow the Core PE curriculum.

3.1.3 All students follow a continuous and progressive programme of study in line with the National Curriculum. Knowledge and understanding of Fitness and Health progress through the Physical Activity curriculum in accordance with the QCA guidelines. All lessons teach students the importance of health-related fitness and these are complemented by the wider Academy curriculum.

3.1.4 Gifted and talented students are identified and encouraged to participate in external events and participate in local clubs to extend their skills.

3.1.5 The Academy teaches the principles and practice of the following sports, in a structured teaching programme:

Aerobics

Athletics

Badminton

Basketball

Cricket

Cross-country running

Dance

Netball

Rounders

Soccer

Swimming

Trampolining

Volleyball.

3.2 The Academy provides the following facilities for the physical activity curriculum:

- i. A large sports hall
- ii. A gym
- iii. A swimming pool
- iv. A multi purpose sports surface
- v. An Astro-turf sports surface
- vi. Basketball and netball courts
- vii. A mirrored dance studio

All these facilities are also used widely by members of the local community and the swimming pool is used regularly by the partner primary schools.

3.3 Equal opportunities

All students, including those with special educational needs are entitled to a comprehensive programme of physical activity which:

- i. aims to fulfil the statutory National Curriculum requirements;
- ii. takes into account their individual needs and interests;
- iii. provides them with opportunities to pursue extra-curricular physical activity regardless of ability and allows the students to meet the national expectations as outlined in the PE National Curriculum

3.4 Differentiation

All students are provided with a physical activity curriculum that is developmentally appropriate. This is provided through a variety of teaching and learning approaches and organisational management ensures that:

- i. tasks are matched to students' different abilities, needs and interests by balancing challenge with the likelihood of success;
- ii. students at different starting points all make progress;
- iii. the achievements of all students are maximised by providing variation in tasks, resources, responses, and support and group structure.

3.5 Inclusion

Students with specific disabilities and/or health conditions will be provided with a full and active physical activity curriculum as required by the Physical Education National Curriculum. This may be provided through modification of activities, parallel activities, included in adapted activities or separate activities where appropriate.

3.6 Assessment, Recording and Reporting

3.6.1 All students will be regularly assessed on their progress and achievements. This may be recorded during assessed lessons and will be recorded at the end of each unit and year.

3.6.2 Assessment will be in the form of:

- i. assessed lessons;
- ii. teacher observation of student performance in lessons (effort and achievement);
- iii. student responses to specific tasks/questions;
- iv. use of assessment sheets;
- v. recording student involvement in and achievement of national awards;
- vi. setting targets.

3.6.3 Progress and attainment will be reported through:

- i. termly and annual reports;
- ii. awarding certificates for achievements;
- iii. highlighting successes via assemblies;
- iv. achieving national governing bodies' awards;
- v. reports and assessment sheets;
- vi. providing regular reports to the Governing Body;
- vii. informing the local media.

3.7 Safety

All students are entitled to safely organised and structured physical activity provision through:

- i. systematic approaches to risk assessment, findings are to be recorded and shared with others;
- ii. students understanding all procedures and information regarding the minimising of risks associated with PE;
- iii. the carrying out of regular assessments of risks associated with facilities, activities, equipment and exercise practice;
- iv. staff teaching PE receiving appropriate training in order to make risk assessment decisions regarding minimising risk to students with specific disabilities and/or health conditions;
- v. staff ensuring that basic rules regarding behaviour, uniform/PE kit, footwear, and jewellery are highlighted and adhered to;
- vi. a qualified first aider always being on duty within the Academy.

3.8 Extra-curricular Provision

The Academy will organise a broad range of extra-curricular provision to enable sports to be practised, according to the season, both for simple enjoyment and in competitive situations:

- i. extra-curricular provision will be provided before school, at lunch time clubs and after school as outlined in the extra curricular activities timetable
- ii. extra-curricular provision will include: football, netball, swimming, basketball, athletics, cricket, and tennis and badminton clubs;
- iii. all clubs will be open to all students regardless of ability or gender;
- iv. teams will be entered into local competitions wherever possible

3.9 PE Teaching and Coaching, and Community Links

All teaching within the curriculum is provided by fully-qualified PE staff. Their skills are supplemented within the extra-curricular programme by coaching from other qualified coaches from local sports clubs:

4.0 MONITORING AND REVIEW

- 4.1 The Vice Principal (Attainment and Curriculum) will report on the Policy to the Principal as appropriate.

- 4.2 The Principal will report to the Governors' Achievement and Standards Committee on any relevant aspects of the working of the Policy as appropriate.

- 4.3 The Governing Body will review the Policy every two years.